

**MASSES THIS WEEK: Saturday, July 5, to Sunday, July 13, 2014**

Saturday, July 5	5:00 p.m.	Intentions of the parishioners by the Pastor
Sunday, July 6	9:00 a.m.	For the deceased relatives of Yvette & Ian Farlinger
	11:00 a.m.	Conrad Daigle by Lynn Villeneuve & Dan Bissonnette
Monday, July 7	8:00 a.m.	Shirley Bartolome by the Dupuis family
Tuesday, July 8	8:00 a.m.	Joan Farquhar by Linda & Glen Runions
Wednesday, July 9	8:00 a.m.	Claire Wilson by Sally Grant & family
Thursday, July 10	8:00 a.m.	For the Souls in Purgatory by Gail Walsh
Friday, July 11	<b>No Mass</b>	
Saturday, July 12	5:00 p.m.	Rene Jr. Lauzon by T. Lauzon & Rona
Sunday, July 13	9:00 a.m.	Doreen Roy by Gerald Roy & family
	11:00 a.m.	Intentions of the parishioners by the Pastor

**Confessions**

Confession are available before mass during the week and on weekends.

**Thank You For Your Offering - Sunday, June 29, 2014**

Envelopes: \$3,652.00, Loose: \$151.40, Total: \$3,803.40,

**A Message From Our Parish Finance Council**

With the nice weather, a certain number of parishioners are gone on weekends. We would like to remind you that we count on you, as members of the parish, for the regular revenues of the parish. However, please remember that you can use your collection envelopes in any parish in our diocese and they will be returned here in the parish.



**Baptism Meeting**

The next meeting for parents who are planning on having their child baptized in the near future will take place on Tuesday, July 15<sup>th</sup> starting at 7:00 p.m.

Please call the office to register.

**Welcome Fr. Jacques**

Welcome Fr. Jacques to Blessed Sacrament Parish. We hope your time here with us, will be filled with good times, lots of laughter and new friendships. Thank you Fr. Jacques for coming to share your time, talent and treasures with us. We pray that our Almighty and eternal God, whose Spirit sanctifies and governs the Church, will grant his graces to you as you begin your appointment as pastor here with us.

**Urgent Appeal for St. Julian's Adoration Chapel**

There is an urgent need for people to commit one hour of adoration a week for one of these times:

**Sunday:** 2 a.m., 3 a.m., 4 a.m., 8 a.m., 5 p.m.,      **Monday:** 3 a.m., 4 a.m., 8 p.m.

**Tuesday:** 3 a.m., 4 a.m.      **Thursday:** 3 a.m., 6 a.m.

**Saturday:** 1 a.m., 2 a.m., 2 p.m., 3 p.m.

Contact Florence at 613-932-8936

Also a list of spares would be greatly appreciated. *May the Lord bless you and thank you!*

### **Parish Pastoral Council & Finance Council**

Members of both councils are reminded of the meeting scheduled for Wednesday, July 9<sup>th</sup> at 6:30 p.m. in the coffee room.

### **Welcome in our Midst**

Welcome to those who are visiting us this week-end. Come again!



### **Dynamic Catholic**

“*The Spirit which has raised Jesus lives in you.*” Such a statement can only motivate the dynamic Catholic to remain solid, trustful, and honest. He makes his choices not according to fashion and habits of the day. Instead, looking forward to eternal life, he lets himself be guided by this Spirit which lives in him.

### **Open House at Our Lady of the Angels Church - Moose Creek**

Come and visit the largest place of worship in Stormont Township every Sunday during the month of July from 1:00 p.m. to 4:00 p.m. Rain or shine. Free! It's worth the trip.

### **Around the Table: Healthy Eating on a Budget**

The Agape Centre is pleased to offer a program which teaches families how to plan, prepare and execute healthy meals on a budget. You will learn tricks on how to find the best products for the lowest cost, tips on how to eliminate salt/sugar from your diet, what staple foods you should have in your pantry and to get the most food for the lowest cost when grocery shopping. We will be cooking a meal and a dessert each week, and at the end of the 5 weeks there will be a grocery store tour and a challenge. All families are welcome regardless of income level. The Program is FREE of charge. For more information about how to register go to their website at [agapecentre.ca](http://agapecentre.ca) or contact Margaret at 613-938-9297 ext. 31.

### **Curious Chefs: Cooking Club for Kids**

The Agape Centre is pleased to offer Curious Chefs, a cooking club for kids.

This is offered to 2 different age groups (7 to 9 years old) and 10-11 years old).

The children will learn to make their own lunches and snacks for school, be able to assist safely in the kitchen, read recipes and food labels, know and understand what healthy choices are, and so much more. There will be fun activities, discussion, planning, shopping, cooking and eating involved. All kids are welcome.

The Program is FREE of charge. For more information about how to register go to their website at [agapecentre.ca](http://agapecentre.ca) or contact Margaret at 613-938-9297, ext. 31.

### **Pilgrimage to the Shrine of St. Ann in Cormac, Ontario**

Plan to attend the 76<sup>th</sup> annual pilgrimage to the Shrine of St. Ann in Cormac on Sunday, July 27<sup>th</sup>, with Bishop Michael Mulhall and Monsignor David Tramontini. The theme of the pilgrimage: “*Healing Through Forgiveness*”. (Thursday, July 24<sup>th</sup> to Saturday, July 26<sup>th</sup> at 7:00 p.m.)

The principal Pilgrimage Mass will be celebrated at 11:00 a.m. with Monsignor David Tramontini presiding, and a Mass for healing will be celebrated at 2:00 p.m.

Local priests will be assisting with the anointing with St. Ann's oil. Plan to attend this wonderful spiritual event. A section of preferential seating in the shade will be given to those with lawn chairs.

Religious articles, St. Ann's League memberships, food and refreshments will be available.

Everyone welcome!

**DO YOU HAVE ANY EMPTY POP CANS?**

We are still collecting empty pop cans. The proceeds go CHEO, thanks to the generosity of the employees of First Student bus lines. Your continued support of this project is appreciated. Please do not crush the cans as more money is given for uncrushed cans.

**Friendly Reminder**

Now that the hot weather is upon us and we are using the air conditioners in the church, we ask that you please help us keep the cost down by making sure the church doors are kept closed. We are doing our best to make it as comfortable as possible. If you find it too cold, please bring a sweater or jacket with you or sit where you will be away from the cold air blowing on you. We ask for your help and understanding in this matter.

**Are You Serious. . .**

The children were lined up in the cafeteria of a Catholic elementary school for lunch. At the head of the table was a large tray of apples. A teacher had lettered a note and posted it on the apple tray: “**Take only ONE. God is watching.**” Moving along the lunch line, at the other end, was a large tray of chocolate chip cookies. A student had written a note, which she put next to the tray of cookies, “**Take all you want. God is watching the apples.**”

**A VACATION PRAYER**

Heavenly Father,  
we thank you for making this beautiful world  
and for calling us to be your people.  
Help us to enjoy these days of vacation.  
Let them be a time of refreshment and joy  
and bring us rest after our work.  
Give us your grace to serve you each day  
and to grow in your love.  
Father, we ask your blessing through Christ our Lord.  
Amen.

**IT IS IMPORTANT TO BELONG**

It is good for everyone to have a sense of belonging . . . some place to call home. It is good to belong to a parish . . . to have a church to call your own. Possibly you have been coming to Blessed Sacrament Church for some time and never actually joined or registered. If you would like to call Blessed Sacrament your parish, please fill in the lines below and drop it in the collection basket or simply call the parish office at 613-932-2996. If you are registered in the parish, and would like to start receiving contribution envelopes, please indicate that below or again just call the parish office.

Name \_\_\_\_\_

Address \_\_\_\_\_

Postal Code \_\_\_\_\_

Telephone \_\_\_\_\_

Envelopes required: Yes  No